

# HOPE MADE POSSIBLE BY YOU



2021  
ANNUAL  
REPORT



Spartanburg Regional  
Foundation



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# HOPE MADE POSSIBLE BY YOU



Spartanburg Regional is grateful for the continued faith you place in our associates and physicians.

In 2021, Spartanburg Regional Healthcare System celebrated 100 years of service to this community.

The formation of Spartanburg General Hospital was authorized during World War I on the eve of the deadliest influenza pandemic in U.S. history. On Aug. 29, 1921 — the Great War and flu behind them — local leaders and residents gathered to celebrate the opening of the four-story hospital on Church Street.

In the wake of so much adversity, Spartanburg Regional was born, later growing into a healthcare system that would likely have been unimaginable a century ago.

For the past two years, this community and our healthcare system have again faced tremendous challenges as we weathered the uncertainties of COVID-19 together. Even as the pandemic surged, associates and physicians continued to care for this community, earning national recognition for excellence in health and positioning the system for a bright future.

#### Among those accolades:

- Spartanburg Medical Center was recognized as one of the Best Hospitals in the Upstate for 2021-22 by *U.S. News & World Report*.
- Spartanburg Medical Center received the Healthgrades 2022 Vascular Surgery Excellence Award and was named by Healthgrades as among the top 10 percent in

the nation for vascular surgery in 2022.

- In 2021, Pelham Medical Center was accredited by DNV with a Hip & Knee Replacement Program Certification and a Spine Surgery Program Certification.
- Healthgrades recognized Pelham Medical Center as a five-star recipient for spinal fusion surgery for 8 years in a row (2015-2022). Also, in 2021, *U.S. News & World Report* recognized Pelham Medical Center as high performing in the area of back surgery (spinal fusion).
- Pelham Medical Center also achieved the Healthgrades 2021 Outstanding Patient Experience Award. This places Pelham Medical Center among the top 15 percent of hospitals nationwide for patient experience.

Spartanburg Regional is grateful for the continued faith you place in our associates and physicians to care for you and your loved ones. We are also thankful for your support and your efforts to make this a healthier community.

To the next 100 years,

A handwritten signature in black ink that reads "Bruce Holstien".

**Bruce Holstien**

CEO, Spartanburg Regional Healthcare System



The Foundation gave back more than \$8.3 million through program expenses to support the health and wellness of our community.

We are grateful for your generous support in 2021.

You have made a difference for patients and families throughout the Upstate.

Your gifts have also provided support and encouragement for frontline workers in our health system.

We are in awe of the dedication and compassion demonstrated by nurses, physicians and other hospital personnel during the past year.

Thank you for supporting our healthcare heroes through your partnership with the Foundation.

**2021 highlights include:**

- 100 percent of every dollar raised went directly to support projects and programs.
- The Foundation gave back more than \$8.3 million through program expenses to support the health and wellness of our community.
- Some of the largest investments included Gibbs Cancer Center at Pelham, Connect adolescent health programs, COVID-19 relief and the 2021 grants program.
- More than 3,250 donors contributed \$6.4 million to help others through gifts to cardiac

services, cancer care, hospice, pediatrics, access to health care and more.

- The Foundation moved to a new location on the Mary Black Campus. Our building, located at 1692 Skylyn Drive, provides space for important strategic and community meetings as well as training classes and special events.

Thank you for your continued support,

**Kristy Caradori**

Executive Director, Spartanburg Regional Foundation

Senior Vice President, Spartanburg Regional Healthcare System

# MEET OUR BOARD MEMBERS

The Spartanburg Regional Foundation Board of Trustees brings together a group of volunteer leaders who are truly dedicated to the health of our community. They share their time, talent and expertise to support a strategic vision for the Foundation and to ensure good stewardship of philanthropic gifts. We are grateful for their many contributions.

## 2021 BOARD OF TRUSTEES

Anne P. Flynn, Chair

Jon A. Jensen, Vice-Chair

Vic Bailey, III, Treasurer

Brenda M. James, Secretary

John A. Harrill Jr., MD  
Immediate Past Chair

Marjorie B. Appiah

Russell W. Booker, PhD

John H. Chapman

Garrow H. Crowley

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Hospice Division Chair

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Elizabeth B. Fleming

W. Russel Floyd Jr.

James S. Fulmer Jr.

Marsha H. Gibbs

Patricia C. Griffin, MD

Mitch L. Kennedy

John S. McBride Jr.

Betty J. Montgomery  
Cancer Division Chair

Susan E. Rothemich  
Heart Division Chair

Prema R. Samhat

Darwin H. Simpson



# FOUNDATION HIGHLIGHTS



*The Spartanburg Regional Foundation provided \$8.3 million to support health, including \$610,000 in grants.*



*The Spartanburg Regional Foundation moved to a new location on the Mary Black Campus.*



*3,257 donors contributed a total of \$6.4 million to address health needs in the fiscal year 2021.*



*The Employee Wellness Fund provided new cardio equipment at the Mary Black Campus.*

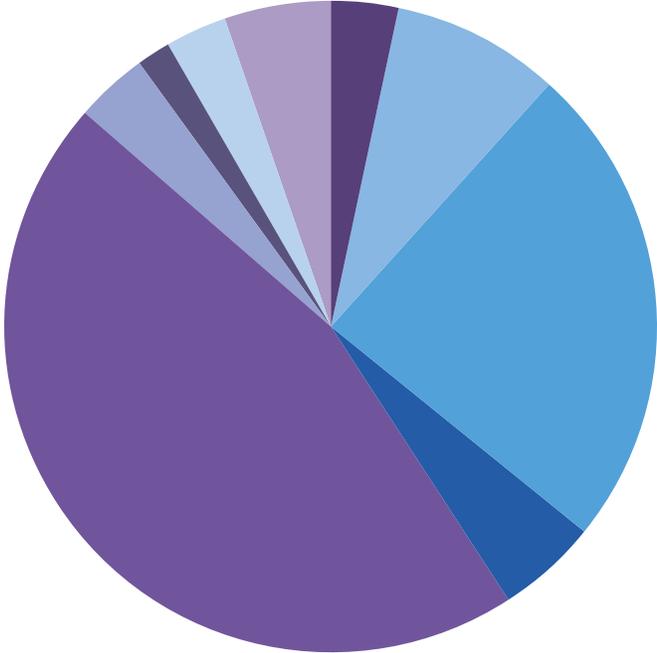


*Connect Spartanburg served 5,675 young people with evidence-based teen pregnancy prevention programs.*



*More than 35,000 meals were delivered through the senior services partnership.*

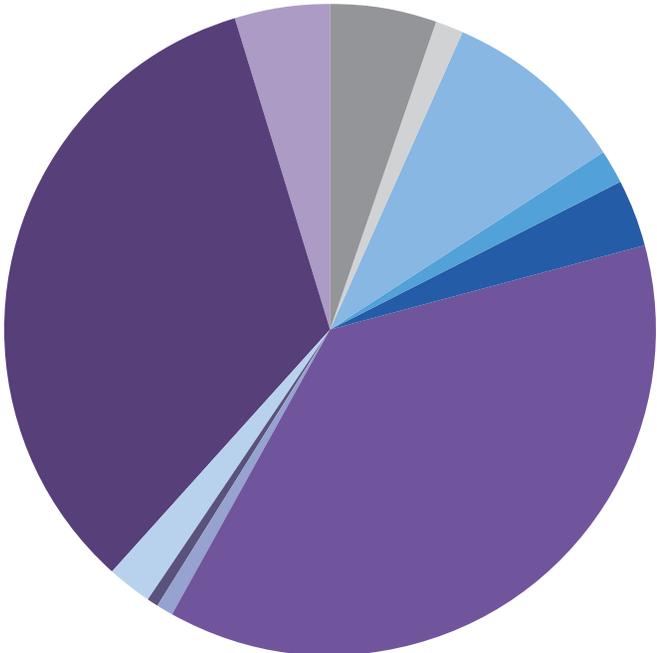
# FINANCIALS



2021 FOUNDATION GIFTS RECEIVED BY SERVICE AREA

**\$6,206,419**

- 45.4% Community Health
- 3.6% Education
- 1.8% Women and Children
- 3.1% Facility Improvements
- 5.0% General Fund
- 3.5% Gibbs at Pelham Campaign
- 8.4% Cancer
- 24.1% Heart
- 5.0% Hospice



2021 FOUNDATION PROGRAM EXPENSES

**\$8,960,564**

- 37.0% Community Health
- 1.0% Education
- 0.6% Women and Children
- 2.1% Facility Improvements
- 33.5% Gibbs at Pelham Campaign
- 4.7% General Fund
- 5.4% Hospital Grants
- 1.4% Community Grants
- 9.2% Cancer
- 1.6% Heart
- 3.4% Hospice

# CELEBRATING A NEW HOME

## *Foundation relocates to the SMC – Mary Black Campus*

In October, the Spartanburg Regional Foundation celebrated the move to a new home on the Spartanburg Medical Center – Mary Black Campus.

The standalone facility had once been used as a daycare. When Spartanburg Regional acquired Mary Black Health System in January 2019, the building had been vacant for years.

Health system leaders approached the Foundation's Board of Trustees about moving the Foundation, and the group enthusiastically embraced the proposed location as a new home for the organization.

***“We were able to repurpose a building and turn it into something useful for the healthcare system.”***

### **Doug Dills**

The building is located at an intersection on the Mary Black Campus. The healthcare system wanted the site to be utilized, and the building was an ideal fit for the Foundation. The location would provide enough space for onsite board meetings, grant trainings, community gatherings and special events.

The board established a committee to guide the planning process and provide support during the renovation. John Harrill, MD, chaired the committee, which included Lib Fleming; Rob Flandry, MD; Anne Flynn; Brenda James; and Darwin Simpson. Other board members and friends of the Foundation contributed ideas and counsel.

“We are grateful for the vision and hard work of everyone involved with this process,” Spartanburg Regional Foundation Executive Director Kristy Caradori said. “They took a great deal of pride in the project, and they ensured its success.”

Building committee chair Harrill said he is excited that the building features a board room. In the past, the Foundation did not have its own board meeting space. “This really helps to accommodate our needs,” Harrill said.

“I think it's great we were able to repurpose a building and turn it into something useful for the healthcare system,” said Doug Dills, facilities director for Spartanburg Regional Healthcare System.

“In this new home, the Foundation has ‘all the tools’ we need to support the mission of Spartanburg Regional Healthcare System today and into the future,” said Foundation Trustee Chair Anne Flynn.





Chris Lombardo,  
Chief Medical Officer

Hartmanburg Regional  
Healthcare System

# LEADING THE WAY THROUGH DIFFICULT TIMES

*Providing strength and support during the pandemic*

## **Chris Lombardozzi, MD**

In March 2020, Chris Lombardozzi, MD, gave his first news conference about a life-threatening virus that was making its way around the globe. The eventual impact on our community was unknowable, but it appeared likely that at least some Upstate residents would become infected in the coming months.

As Spartanburg Regional Healthcare System's chief medical officer for quality, Dr. Lombardozzi was tasked with educating the public about the virus and helping plan the health system's response.

Since that afternoon nearly two years ago, Dr. Lombardozzi has had countless discussions with local media and community partners in schools, churches and local government.

And he has led Spartanburg Regional caregivers through a time that few could have imagined. He speaks with deep admiration for hospital staff on the frontlines of patient care during the most difficult stretches — the surge of COVID-19 positive inpatients in early 2021 and then again during the late summer.

The work is physically and emotionally exhausting, especially for nurses who are the main line of communication between patients and their loved ones.

Caregivers grieved when patients they had worked so hard to support succumbed to the virus. "You can only imagine the emotional toll," Dr. Lombardozzi said.

They celebrated those who were able to go home. "They were like family to these patients," he said.

***"It has truly made a difference to know that people care."***

**Chris Lombardozzi, MD**

In late 2020, Dr. Lombardozzi became the first person in Spartanburg County to receive a COVID-19 vaccination. News media were on hand to document the event. "I felt that if I was going to promote the vaccine, I should show people that I was getting it myself." Today, the effort to promote vaccinations continues.

Through it all, Dr. Lombardozzi has been especially grateful for the support the healthcare system has received from community groups and from the Spartanburg Regional Foundation, which established a pandemic relief fund.

# A COMMITMENT SPANNING GENERATIONS

*Father and son provide leadership on the Foundation board*

## ***Sidney Fulmer, MD, and Jamie Fulmer***

Even as a child, Jamie Fulmer grasped that his father commanded the respect of others.

“I could see the admiration people had for Dad,” he said. “He had expertise as a doctor and was committed to making our community a better place.”

Jamie’s father, Sidney Fulmer, MD, practiced as an OB/GYN, and he served as a leader in the local medical community. In the 1960s, he was part of the committee that oversaw integration of Spartanburg General Hospital. He went on to serve as chief of staff.

Dr. Fulmer has also been an active supporter of civic and cultural causes, holding volunteer leadership positions at key nonprofit organizations.

“Medicine is a tough profession,” Jamie said. “But that didn’t keep Dad from being involved in the community.”

In the late 1980s, Dr. Fulmer’s dedication to the hospital and his deep philanthropic ties were instrumental in the creation of the Spartanburg Regional Foundation. He served on the Blue Ribbon Panel that established the Foundation and has been an enthusiastic supporter ever since. He serves as a member of the Heart Board, which he has chaired, and has been a member of the Board of Trustees.

The Foundation’s success has exceeded Dr. Fulmer’s expectations. “When we started the Foundation, I never would have dreamed that it would grow the way it has,” he said, pointing to the growth of the Foundation’s general fund as well as projects that have advanced patient care.

Inspired by his father’s example, Jamie has pursued opportunities to serve the community. He is a member of Spartanburg City Council and has served on numerous boards.

***“I am proud to be a board leader alongside my father to support health care in our community.”***

### **Jamie Fulmer**

Since 2017, Jamie has served as a trustee of the Spartanburg Regional Foundation — serving at the same time as his father for two years. Being involved with the Foundation is a way for him to honor his father’s legacy while helping to secure Spartanburg’s future.

As partner in a recruiting firm, Jamie understands the importance of health care in attracting talented professionals and growing the economy. “As our community moves forward, access to outstanding health care is essential,” he said. “I am proud to be a board leader alongside my father to support health care in our community.”





# A SENSE OF HOPE AND EMPOWERMENT

*AccessHealth Spartanburg meets the needs of uninsured residents*

## **Members of the AccessHealth Spartanburg team**

Patients come to AccessHealth Spartanburg facing a wide range of barriers to good health. Some deal with a lack of transportation or adequate housing. All are without health insurance, often resulting in untreated chronic issues. Many feel discouraged and frightened.

AccessHealth connects these patients with health care and other assistance. But program manager Jenifer Woodward stresses that the team of nurses and community health workers provide something else that's essential: a sense of hope and empowerment.

"We not only identify patients' needs and challenges to overcome, but we try to help change perspectives and put a focus on things they have in their favor," Woodward said. "When we assess a new patient, we always ask, 'What are you most proud of?' We want them to recognize what motivates them to become healthier and to strive for goals."

Since its founding in 2010, AccessHealth Spartanburg has helped thousands of community members in need. It has grown to serve patients in Cherokee and Union counties. Along the way, the AccessHealth Spartanburg team has been recognized for excellence nationally by the Robert Wood Johnson Foundation and the Center for Health Care Strategies.

"AccessHealth currently has a caseload of approximately 4,500 patients," Woodward said.

The Spartanburg Regional Foundation has been a key partner from the start. The Foundation's grants program has provided more than \$250,000 to AccessHealth. In addition, donors provide needed assistance annually through gifts to the AccessHealth Spartanburg Fund.

***"We are so proud of our partnership with AccessHealth — they are a vital resource for so many in our community."***

**Kristy Caradori**

"Promoting access to care is a key priority for our Board of Trustees and for our healthcare system," said Kristy Caradori, executive director of the Spartanburg Regional Foundation. "We are so proud of our partnership with AccessHealth — they are a vital resource for so many in our community."

In 2020, AccessHealth moved into new offices in the Northside community, near the Hub City Farmer's Market, Edward Via College of Osteopathic Medicine (VCOM) and the Northside Development Group.

The Northside has proven to be a perfect new home for AccessHealth.

"We're truly grateful for the philanthropic support that has enabled us to do this work over the past decade. We can't wait to make an even greater impact in the years to come," Woodward said.

# “SOMETHING LARGER THAN MYSELF”

*Longtime servant-leader committed to the strength of health system*

## **Lib Fleming**

Lib Fleming has always valued opportunities to make Spartanburg a better place.

She was a longtime community volunteer before running for and winning a seat on the Spartanburg City Council in 1994. She served for 10 years before taking on a role with the state’s Public Service Commission, which she held until 2018.

Along the way, Fleming says she gained a deep appreciation for the importance of infrastructure and essential services — including strong hospitals. “A healthcare system with excellent, cutting-edge resources is so important to a vibrant community,” she said.

Fleming considered it an honor to join the Spartanburg Regional Foundation Board of Trustees in 2019.

***“A healthcare system with excellent, cutting-edge resources is so important to a vibrant community.”***

## **Lib Fleming**

In addition to recognizing health care as a vital resource, she also has longstanding ties to Spartanburg Regional Healthcare System. Both her late husband, Harold, and her son, Nick, who now lives in California, practiced as physicians at Spartanburg Regional.

Dr. Harold Fleming was an advocate for helping patients through philanthropy. He helped create a fund to support expenses not covered by insurance that would help patients attain independence following a significant health episode. Following his death, the fund was named the Harold E. Fleming, MD, Patient Independence Fund to honor his legacy of caring for others.

The Fleming Fund is one of the Foundation’s most active, with hospital employees donating more than \$40,000 annually and hundreds of patients receiving support. Community members also contribute, many in memory of Dr. Fleming.

“We are grateful to have the Fleming Fund to help patients in need, and we are blessed to have Lib Fleming’s leadership as a Foundation trustee,” said Kristy Caradori, executive director of the Spartanburg Regional Foundation. “She has been a tremendous addition to the Foundation’s board.”

Always committed to strengthening her community, Fleming is pleased to make a difference by serving with the Spartanburg Regional Foundation. “I enjoy working with a diverse group of people to move things forward, and it’s exciting to be part of something larger than myself,” she said. “We are blessed to have excellent health care and a community that’s willing to invest in it. Fostering future investments makes the role of the Foundation so important.”





# COLLABORATING TO MEET NEEDS IN OUR COMMUNITY

*Community leader passionate about partnerships, increasing access to care*

## **Marjorie Appiah**

As a business consultant, writer of inspirational children's books and community leader, Marjorie Appiah enjoys "helping other people succeed."

Appiah has valued the opportunity to serve as a Spartanburg Regional Foundation trustee and as a member of its grants committee. Serving on the grants committee "has given me the chance to learn more about the needs of people in our community," she said.

"The Spartanburg Regional Foundation is helping tackle healthcare inequities and address specific needs through grants," Appiah said. The grants program also helps local nonprofits establish a track record as they vie for other funding opportunities. "Receiving a Foundation grant gives them credibility," she said.

Kristy Caradori, executive director of the Spartanburg Regional Foundation, said Appiah brings an important perspective to the grant-making process.

"Marjorie has a passion for helping others, and she's a creative thinker. This combination is helpful as we work to increase access to care for those in need," Caradori said. "We look forward to her impact as a leader moving forward."

Appiah is set to chair the grants committee in 2022.

Appiah grew up in Ghana and attended college in Baltimore, where she met her husband, Kofi Appiah, MD. They settled in the Upstate in 2007. Dr. Appiah is a doctor with Spartanburg Nephrology Associates.

The Appiahs have instilled a commitment to giving back in their son, Adom. His sports-based nonprofit, Ball4Good, has raised money to support local causes. In 2021, Adom received the Billie Jean King Youth Leadership Award as well as the Heisman Trophy Trust National Scholarship.

Marjorie's life experiences inform her critically acclaimed books for young readers. "I believe it's important for us to tell our stories," she said.

It was storytelling that first inspired her involvement with the Foundation.

She was a guest several years ago at An Uplifting Event, a luncheon to raise money to support the Bearden-Josey Center for Breast Health. At the luncheon, cancer survivors shared stories of perseverance and hope. Appiah was moved by their stories and decided to become a table host sponsor the following year.

***"It's about being part of a team and collaborating to meet needs in our community."***

**Marjorie Appiah**

She joined the Foundation's Board of Trustees in 2019. "I have loved it," she said. "It's about being part of a team and collaborating to meet needs in our community."

# COMMITMENT TO HELPING OTHERS

*Making a lasting impact in the community*

## **Hal Warlick**

Hal Warlick is one of those people who relishes being involved, making an impact in diverse areas of the community.

He served on Spartanburg City Council in the 1970s. He enjoyed performing in the Spartanburg Little Theatre. In the late 1960s, he taught swimming lessons and was coach of the Spartanburg High School swim team.

Warlick is a successful businessperson, has enjoyed an active role in his church, and currently serves on the board of the Spartanburg Area Mental Health Center. "It keeps me going," he said. "I like to keep busy."

Warlick is also a longtime friend and supporter of the healthcare system.

Along with his late wife, Betty, he supported the campaign to build the expanded Gibbs Cancer Center at Pelham. Warlick has also made numerous contributions to the general fund, which supports the annual grants program.

Betty Warlick was a beloved leader at Spartanburg Regional Healthcare System and a Foundation trustee. In 2015, Hal established the Betty Warlick Nursing Scholarship Fund to support the educational and career aspirations of Spartanburg

Regional caregivers. He has contributed to the fund each year.

Scholarships from the fund have been awarded to several Spartanburg Regional nurses. "I have really enjoyed getting to meet the recipients," Hal said. "They've told me that the scholarship has meant so much to them."

***"We're so grateful for the many ways Hal has contributed to the healthcare system over the years."***

## **Shelly Sinclair**

In her role as director of corporate education, Betty Warlick worked closely with the Foundation to coordinate numerous scholarship funds for Spartanburg Regional nurses. "It is fitting that Hal created a nursing scholarship in Betty's honor," said Shelly Sinclair, senior director of philanthropy. "We're so grateful for the many ways Hal has contributed to the healthcare system over the years."

Warlick's support for Spartanburg Regional also stems from his experiences as a patient. "I have been treated very well, and I'm grateful," he said. "Spartanburg Regional is an important asset. I am proud to be part of the health system family."





# THE TIES THAT BIND

*Longtime doctor honored with gift supporting healthcare system growth*

## **Cecil Lanford, MD**

As they sat in the living room of their home, Mary Jane and Cecil Lanford reflected on the life they built together.

They met when they were just out of college, both working as teachers. They fell in love and got married. He attended medical school and studied to become an OB/GYN, and they started a family.

Dr. Lanford's practice was centered on what was then the Mary Black Memorial Hospital. He helped women across the community, from diverse backgrounds, through a wide range of medical challenges.

***“My work was not just a career — it was a calling.”***

### **Cecil Lanford, MD**

Bringing newborn infants into the world was a great joy. He was routinely reminded of the impact of his work.

“For years, I would have people come up to me with their children and say, ‘This is Dr. Cecil, and he delivered you,’” he said. “That was always really special.”

Dr. Lanford kept long hours. Even with his busy schedule, the family was close. His daughters — Jane, Ellen and Sarah — were proud of their father's contributions to the well-being of others.

In 2021, Ellen and her husband, Philip Asherman, made a gift to the healthcare system in Dr. Lanford's honor. The gift included a donation of the building where Dr. Lanford had practiced.

The contribution would allow for future growth needs on the Mary Black Campus.

In the summer, the family and hospital leaders came together for a special event to honor Dr. Lanford. A plaque was unveiled that recognized Dr. Lanford's outstanding contributions as a doctor during his years of practice.

After his long career, Dr. Lanford said that he will always have a special place in his heart for the hospital. “I'm tickled to death that Spartanburg Regional is investing so much to ensure the Mary Black Campus remains top-notch,” he said.

He expressed gratitude for the blessings throughout his life. “My work was not just a career — it was a calling.” Dr. Lanford was also quick to share credit with his wife, Mary Jane. “If it hadn't been for her support and her dedication to our family, this wouldn't have been possible,” he said.

# “A BEAUTIFUL THING”

*School friends come together to support cancer patients*

***Louise Boland, Olivia Brown, Julia Luz and Gianni Rostan-Johnston***

Julia Luz loved her grandfather very much. After he passed away in 2020 following a battle with leukemia, she wanted to do something to honor him and to help others facing a cancer diagnosis.

Julia and several of her classmates at Spartanburg Day School decided they could help by raising money to support the fight against cancer.

“At first, I was worried that people wouldn’t be interested,” Julia said. “But my mom told me that everybody knows someone who has had cancer. She felt that people would care.”

And they did. Julia and her friends — Louise Boland, Olivia Brown and Gianni Rostan-Johnston — received support from neighbors and other school friends. They also raised money by doing chores at home and taking babysitting jobs.

They named the project Hearts for Hospitals. And in mid-July, they presented the Spartanburg Regional Foundation with a gift of \$691.

“We are so grateful for the efforts of these young women,” said Shelly Sinclair, senior director of philanthropy with the Spartanburg Regional Foundation. “Their generosity and commitment to people in need is an inspiration, and it serves as a great example of what can happen when people

come together to support an important cause.”

The Hearts for Hospitals donation supports the Foundation’s Cancer Special Needs Fund, which provides a wide range of assistance for patients facing financial hardship.

***“My mom told me that everybody knows someone who has had cancer. She felt that people would care.”***

**Julia Luz**

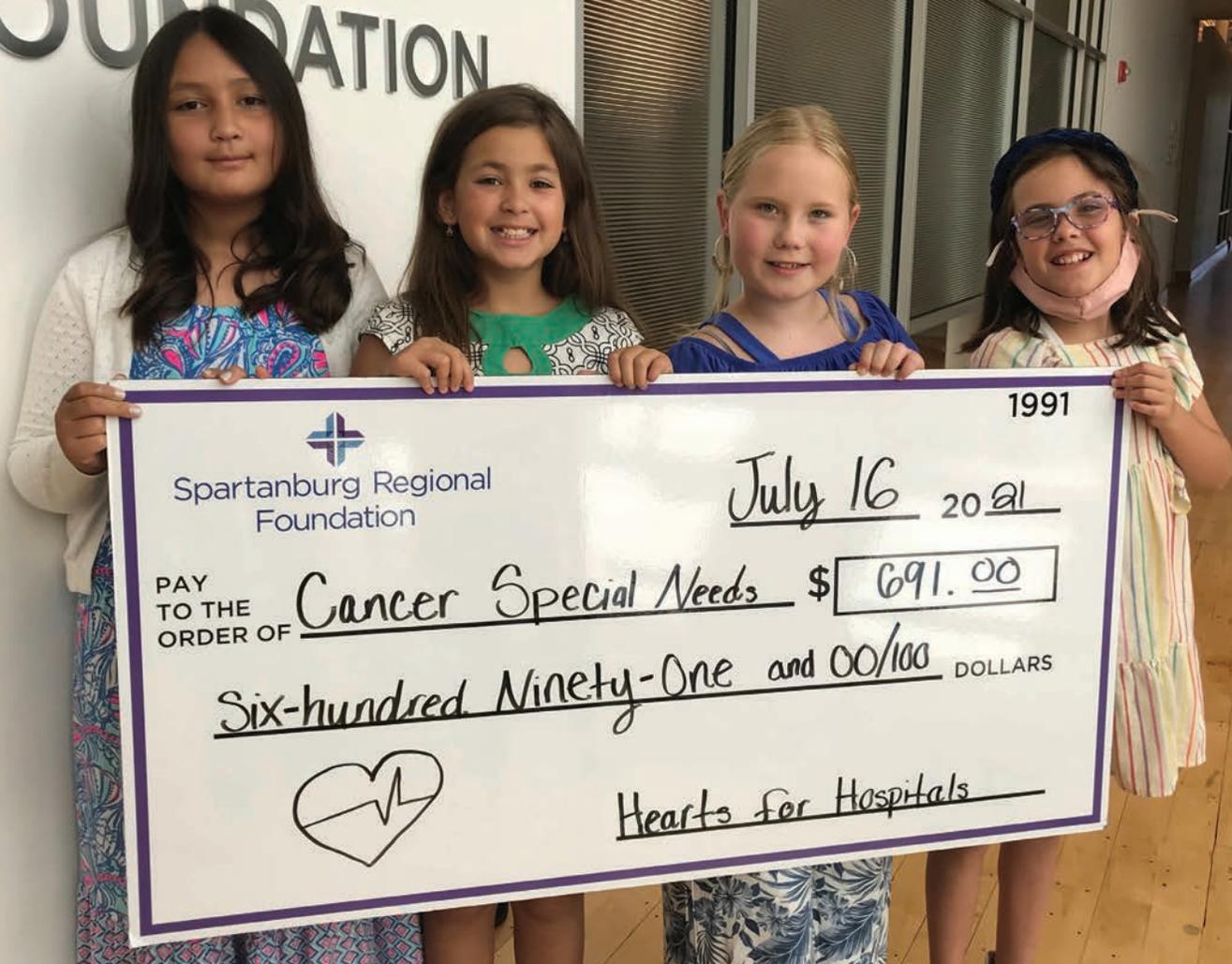
Julia, Olivia, Gianni and Louise said they plan to continue raising money in the years ahead. They are working on marketing materials, including flyers and a website, and they hope to get additional classmates on board over time.

The girls’ parents were proud.

“I didn’t even know Louise was doing this,” said Lucy Boland. “I’m so impressed.”

“I think they don’t even know how big this is, how important it is. It’s a beautiful thing, and I’m very proud,” Julia’s father, Alex Luz, said.

FOUNDATION



Spartanburg Regional  
Foundation

1991

July 16 2021

PAY  
TO THE  
ORDER OF

Cancer Special Needs \$ 691.00

Six-hundred Ninety-One and 00/100 DOLLARS



Hearts for Hospitals



# CANCER DIVISION

*Virtual programming supports cancer survivors during pandemic*



Gibbs Cancer Center strives to support patients long after treatment has ended.

Its survivorship program is designed to give patients and former patients the support they need. Participants enjoy nutrition classes, exercise programs and other wellness activities. They also form supportive connections with cancer center staff members and with one another.

For much of the COVID-19 pandemic, opportunities for in-person survivorship gatherings were strictly curtailed. But program manager Stacey Williams has worked hard to stay in touch with participants and provide enriching online outreach.

The Spartanburg Regional Foundation's Cancer Survivorship Fund supports a wide range of activities. One successful initiative during 2021 was the development of a virtual art therapy course. Williams

used the fund to purchase supplies and mail them to participants. They met online with art therapist Elizabeth Willingham.

"It was an amazing experience," Williams said. "We saw some people blossom and relationships form. We witnessed healing take place in a setting that was convenient and safe."

Williams also led a virtual support group, provided video content on diet and nutrition and stayed in contact with survivors through email. The goal was to keep everyone engaged and informed despite the limitations brought on by COVID-19.

"In the midst of the pandemic, we looked for opportunities to be creative and reach people while protecting their overall health and safety, especially since many who have been treated for cancer are immunocompromised," she said.



The Dorman High School girls basketball team chose the Bearden-Josey Center for Breast Health for its charitable fundraising efforts this season.



Grant funding from The Duke Endowment enabled the expansion of screening and educational programs to rural communities in Cherokee and Union counties.



More than 3,000 patients were served by the Bearden-Josey Center for Breast Health Mobile Mammography program.

## CANCER DIVISION BOARD MEMBERS

Betty Montgomery, Chair

Chris Cannon, Vice-Chair

Liza Miller, Secretary/Treasurer

Andy Falatok, Immediate  
Past Chair

Jay Bearden, MD, Emeritus

Joe Bonner

Skipper Brawley, DSc

John Cash

Amy Curtis, MD

Dan Fried, MD

Jimmy Gibbs, Lifetime

Ann Hunt

Louise Johnson

Julian Josey, MD, Emeritus\*

Lilly Kohler

Chi Lim, MD

Cabe Loring, PsyD

Brooke Mueller

Jennifer Orseck

Jim Smith

Sally Spencer

George Todd

Tommy Young\*

\*Deceased

# HEART DIVISION

*Donor-funded life support technology has saved lives during COVID-19*



When the Spartanburg Regional Foundation provided funding for two extracorporeal membrane oxygenation, or ECMO, machines, the COVID-19 pandemic was not yet in sight.

ECMO is considered to be the highest level of life support technology, taking the place of the heart and bypassing the lungs. It pumps a patient's blood through a system of tubes and filters to add oxygen and remove carbon dioxide before the blood goes back into the body. This oxygen-enriched blood can help the patient's tissues and organs.

The Spartanburg Regional Healthcare System Heart Center staff had requested the purchase of this cutting-edge life support technology to provide acute care for very ill patients following heart surgery, awaiting a transplant or battling an extremely serious infection.

At the outset of the pandemic, it was not expected that ECMO would be used with COVID-19 patients. But along the way, as caregivers learned more about how the virus damaged patients' lungs, they came to see ECMO as a viable option for support in some extreme cases.

ECMO technology is complex, and team members must continually monitor the machine and the patient's condition.

"We put everything we have into it," said Jennifer Appling, interim ECMO coordinator. "It is truly an amazing feeling when one of these patients is able to go home."

Before the purchase of the ECMO machines, patients needing the support were transferred to a hospital outside of the region.

"It makes such a difference for patients not to have to travel to a different facility," said Jessica Murphy, nurse manager in the Cardiovascular Recovery Unit. "Moving the patient can bring risks, and it's a burden for family members."

A Foundation grant in 2021 provided funds for a simulation system to train additional Heart Center staff in the use of ECMO. In all, with donor support, the Foundation has contributed more than \$300,000 to the ECMO program.



The Heart Center team performed 204 structural heart procedures in 2021.



The Joe R. Utley Heart Resource Center hosted more than 80 virtual events in 2021, providing nearly 3,000 community members with education on nutrition, fitness and overall heart health.



Thirty-six cardiac rehab patients received support at the Spartanburg Regional Heart Wellness Center through the Harrison Chapman Fund.

## HEART DIVISION BOARD MEMBERS

Sue Rothemich, Chair

Kaye McIntyre, Vice-Chair

Eliot Stone, Secretary/Treasurer

Sidney Fulmer, MD, Immediate Past Chair

Angela Beatty

Jeff Berry, MD

Wiley Bourne

Zim Cannon

Kenny Cribb

Chris Crowley

Tracie Duncan

Angelina Eschauzier

Sarah Galloway

Yogi Hiremath, MD

David Ike, MD, Emeritus

Sadie Jackson

Mike Kohler

Jada McAbee

Brelan Montgomery

Anne Poliakoff

Jason Rousseau, DO

# HOSPICE DIVISION

## *Thanksgiving meals program resumes in 2021*

A Spartanburg Regional Healthcare System Hospice tradition returned in November with the delivery of Thanksgiving meals to patients and their families. This special program began more than 25 years ago but was put on hold since 2019 due to the COVID-19 pandemic.

“We were so happy to be able to again offer safe delivery of meals this fall,” said Kelly Hall, volunteer manager with Spartanburg Regional Hospice. “Recipients always let us know how grateful they are, and it’s a special experience for volunteers and staff as well.”

Donors to the Spartanburg Regional Foundation fund holiday meals for hospice families at both Thanksgiving and Easter.

For the first time, Cribbs Catering prepared 200 meals, which fed up to 12 people each.

“The holidays are an important time for families to gather and build memories,” said Shelly Sinclair, senior director of philanthropy with the Spartanburg Regional Foundation. “But for those with a loved one in hospice, the stress of preparing a large meal can be a burden. This is a wonderful way to provide support for families and to remind them that community members care about what they are going through.”





The hospice team made more than 4,000 phone calls to families in the bereavement program, including calls made by a team of community volunteers.



On Veterans Day, 17 veterans in hospice care received American flags along with printed certificates honoring them for their service.



Spartanburg Regional Hospice welcomed Mark Nix as its new administrator in 2021. "It is an honor for me to serve," he said.

## HOSPICE DIVISION BOARD MEMBERS

Bill Cummings, Chair

Peter Moore, Vice-Chair

John Barber, Secretary/Treasurer

Mary Hope Rhodes,  
Immediate Past Chair

Jeff Barker\*

Jeffrie Berline

Kimberely Brown

Mary Lee Cantey

David Cato

Erin Couchell

April Falatok

Jan Goldstein

Ellen Gramling

James Harber, MD

Susan Harman

Rick Jolley

Libby Lowndes

Vicky Noe

Phil Phillips

Jane Ryan

\*Deceased

# EMPLOYEE DONORS

*In 2021, employees contributed more than \$870,000*

*“I love being able to give back to the NICU Fund because my son spent a week there before he could come home.”*

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“

*“The monies donated to the Foundation help to provide equipment, resources and services to our unique patient population and allow us to do our jobs better and more efficiently!”*

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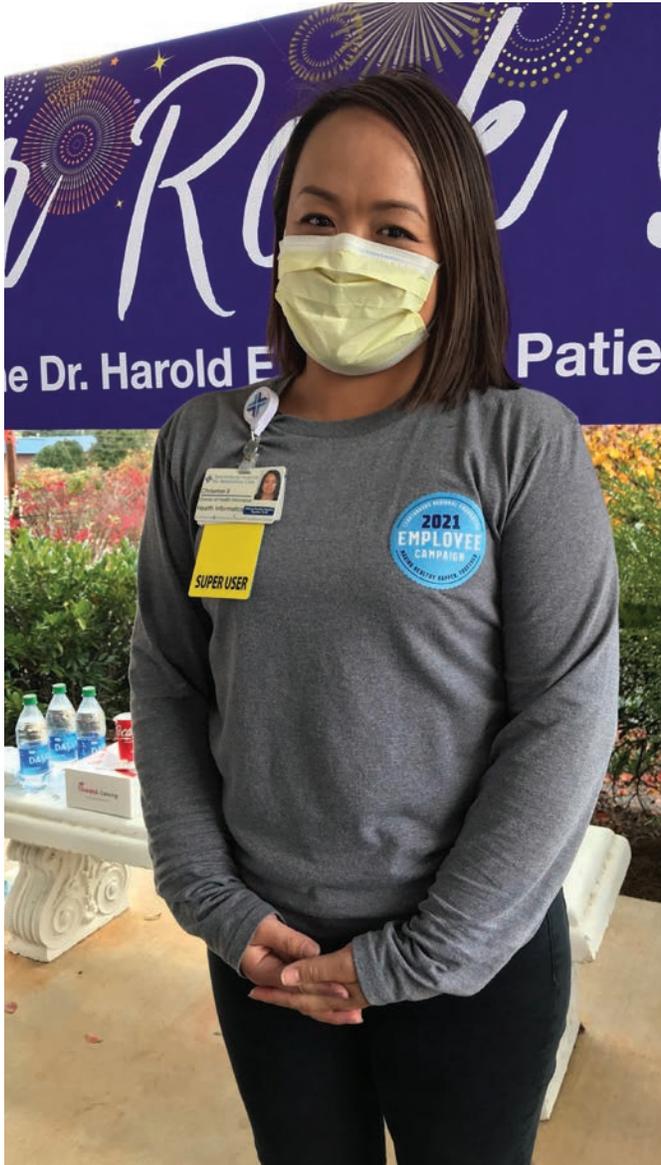
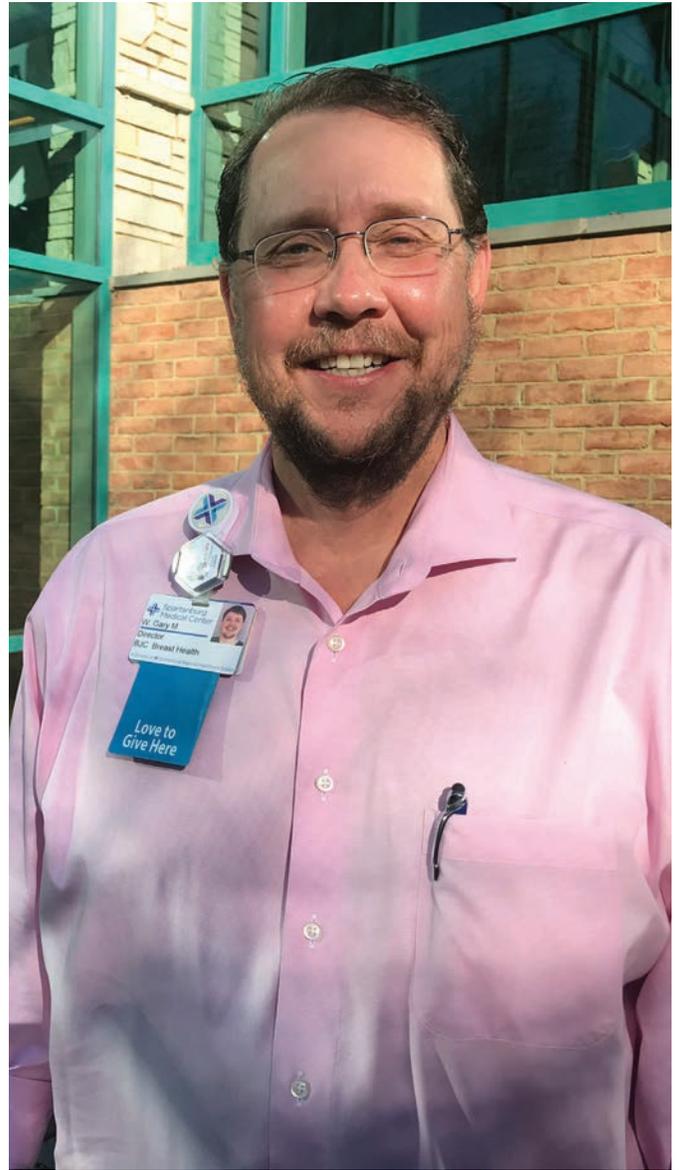
“

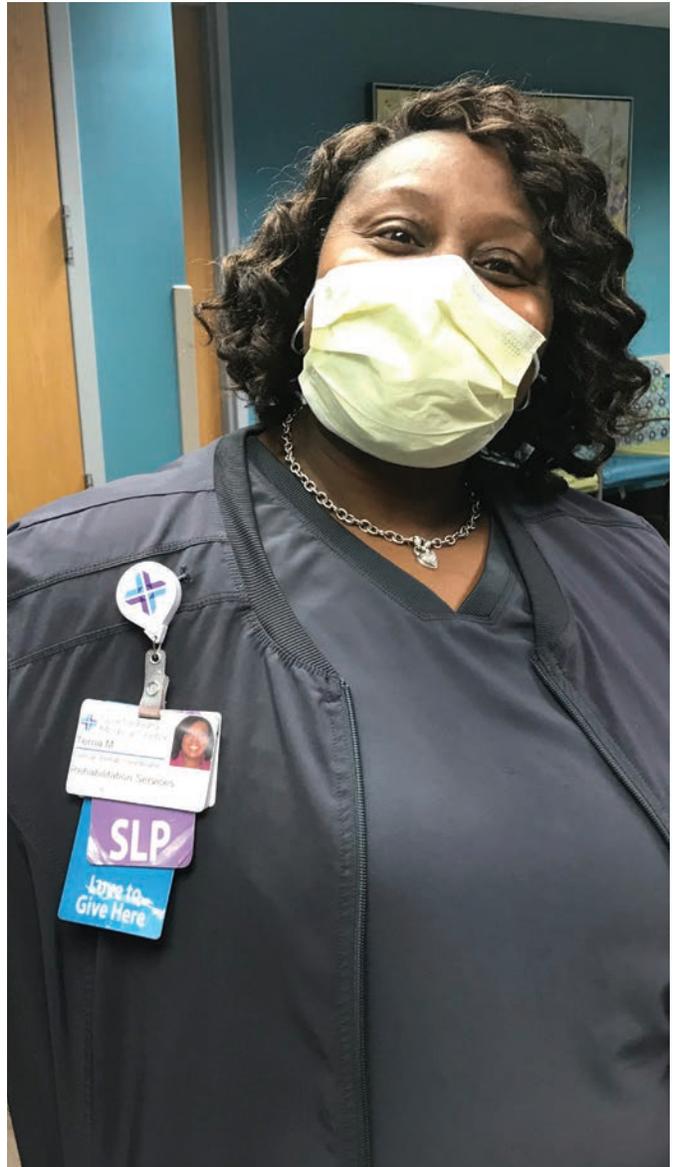
*“The Spartanburg Regional Foundation helps make our community smile!”*

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“

*“This has been a very trying year for everyone. I feel lucky that I am in a position to help others this year.”*





# EMPLOYEE DONORS

*“The Foundation does amazing work allocating funds to people, employees and areas in need.”*

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“

*“I love working at Spartanburg Regional Healthcare System and am honored to support the initiatives of the Foundation!”*

---

“

*“There is nothing better than helping our neighbors in difficult times.”*

---

“

*“I love giving back and knowing those who may be less fortunate or in need are given the same opportunities as myself.”*

# 2021 GRANTS

## *Grants address the needs of children facing a mental health crisis*

Children struggling with a mental health crisis need care that is tailored to their emotional, intellectual and physical development. Two grants supported by the Spartanburg Regional Foundation are helping to enhance care for these patients when they visit the emergency center at the Spartanburg Medical Center – Church Street Campus.

During its 2021 grants cycle, the Foundation awarded Spartanburg Regional Healthcare System \$95,000 to renovate space dedicated to serving pediatric behavioral health patients in the emergency center.

“We’re beyond ecstatic,” said Forensic Nurse Coordinator Jennifer Combs, RN. “This new area will be more inviting for children and more comforting.”

The grant, approved by the Spartanburg Regional Foundation’s Board of Trustees, covers construction costs associated with the renovation.

Meanwhile, Connect Spartanburg has committed \$15,000 to purchase child-friendly furniture and other materials, including journals, to help create a more nurturing, therapeutic experience for patients.

Founded in 2015, Connect Spartanburg brings together partners in local school districts, nonprofits and the medical community to address the issue of teen pregnancy and to promote the overall well-being of adolescents.

In 2020, the Spartanburg Regional Foundation was awarded a three-year, \$4.4 million federal grant to expand Connect’s adolescent health plan and build on existing efforts.

Connect Director Polly Edwards-Padgett said the emergency center project is an important initiative as

local leaders look to bring greater focus to adolescent mental health.

She noted that journaling is increasingly used as a strategy among providers for young patients. So journals patients begin at the emergency center may “continue at their medical home.”

The COVID-19 pandemic has been difficult for many young people. Their school routines were altered. Some children were isolated from friends, teachers and coaches. Some have suffered the loss of loved ones due to the virus.

“We have definitely seen an increase of young patients during COVID-19,” Combs said.

The newly renovated unit also includes space for geriatric and special needs patients.



## 2021 SPARTANBURG REGIONAL FOUNDATION GRANT RECIPIENTS

The Spartanburg Regional Foundation awarded a total of \$610,000 in grants to support health and wellness. Grantees include community nonprofits and Spartanburg Regional Healthcare System departments and programs.

### SRHS Grants

Fifteen grants totaling \$488,000 were awarded to fund initiatives that promote innovation and support world-class patient care. Here are several of the 2021 highlights:

#### Ellen Sagar Nursing Center

**\$95,000**

To fund memory care enhancements for residents

#### Heart Services

**\$62,100**

To support simulation training for ECMO therapy

#### Spartanburg Medical Center - Rehab

**\$9,364**

To purchase a high-weight capacity lift for inpatient rehab

#### Respiratory Therapy (NICU)

**\$9,200**

To fund machines that help with car seat respiratory tests

#### AccessHealth Spartanburg

**\$8,413**

To support hybrid health education classes

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For a full list of 2021 Spartanburg Regional Foundation recipients, visit us online at

**[RegionalFoundation.com/Grants](https://RegionalFoundation.com/Grants)**

## COMMUNITY GRANTS

The following nonprofit organizations each received a grant of \$10,167 to support essential safety net services for Upstate residents in need during the COVID-19 pandemic:

Angels Charge Ministries  
Cherokee County Meals on Wheels  
Divinity Care  
Free Medical Clinic of Cherokee County

Greater St. James Temple Church  
Greer Relief & Resources  
Healthy Smiles of Spartanburg  
Mobile Meals of Spartanburg

SAFE Homes-Rape Crisis Coalition  
St. Luke's Free Medical Clinic  
The Family Effect  
Total Ministries

### NEW STAFF MEMBER

The Spartanburg Regional Foundation welcomed Alexis Whitmire as administrator of its grants program. Stacey Burton, who had been in the role since 2009, has transitioned into the role of director of philanthropy.



# SRHS HIGHLIGHTS



## U.S. NEWS AND WORLD REPORT BEST HOSPITALS

*Spartanburg Regional Healthcare System was ranked as one of the Best Regional Hospitals in Upstate South Carolina by U.S. News and World Report in 2021.*

## U.S. NEWS AND WORLD REPORT RECOGNIZED

*In 2021, U.S. News and World Report ranked 10 of Spartanburg Medical Center's adult procedures as "high performing procedures," including aortic valve surgery, COPD, colon cancer surgery, diabetes, heart attack, heart bypass surgery, heart failure, knee replacement, lung cancer surgery and stroke.*

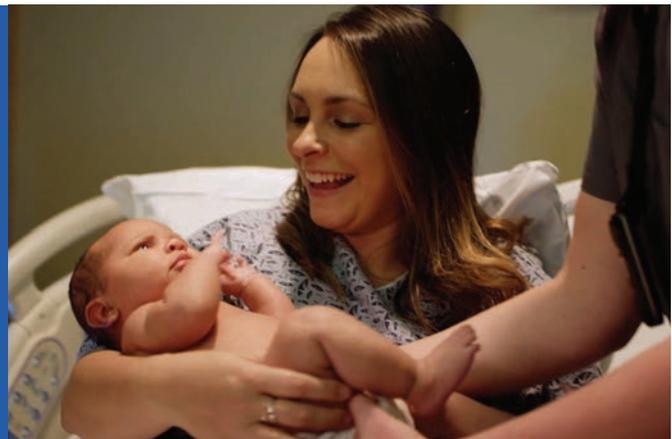


## COMMISSION ON ACCREDITATION OF REHABILITATION FACILITIES

*In 2021, Spartanburg Medical Center — Center for Rehabilitative Medicine received the Commission on Accreditation of Rehabilitative Facilities (CARF) accreditation for Inpatient Rehabilitation Programs in the hospital for adults.*

## CENTER OF DISTINCTION FOR MATERNITY CARE

*In 2021, Spartanburg Medical Center was designated as a Blue Distinction Center+ for Maternity Care by BlueCross BlueShield of South Carolina and BlueChoice Health Plan of South Carolina.*





## CENTER OF DISTINCTION FOR BARIATRIC SURGERY

*In 2021, BlueCross BlueShield of South Carolina and BlueChoice HealthPlan of South Carolina recognized Spartanburg Medical Center as a Blue Distinction Center for Bariatric Surgery, a designation from its Blue Distinction Specialty Care program.*

## TOP 15 PERCENT FOR PATIENT EXPERIENCE

*Pelham Medical Center achieved the Healthgrades 2021 Outstanding Patient Experience Award. This places Pelham Medical Center among the top 15 percent of hospitals nationwide for patient experience.*



## GOLD PLUS GET WITH THE GUIDELINES AWARD

*In 2021, Spartanburg Regional Healthcare System was awarded with the GOLD PLUS Get With The Guidelines® Stroke award with Target Stroke Honor Roll and Target: Type 2 Diabetes Honor Roll.*

## ORTHOPAEDIC CERTIFICATIONS

*In 2021, Pelham Medical Center was accredited by DNV for Hip & Knee Replacement and for Spine Surgery.*



# LEGACY SOCIETY

The Legacy Society recognizes donors who have included the Spartanburg Regional Foundation in their estate planning. Legacy gifts may include contributions in a will, qualified retirement plans, life insurance policies, trusts and annuities. Foundation staff members work closely with donors who wish to explore these options as they consider long-range opportunities to support health care in our community. Legacy Society members are honored at a special appreciation event each year.

**For more information about the Spartanburg Regional Foundation's Legacy Society, contact Shelly Sinclair at 864-560-6727.**

**Dr. & Mrs. James D. Bearden III**

**Dr. & Mrs. Gilbert Bradham**

**Dr. & Mrs. Wallace "Skipper" Brawley**

**Sheila & Bob Breitweiser**

**Diane & Robert Butscher**

**Kristy Caradori & Matt Russ**

**Dr. & Mrs. Edward R. Cathcart**

**Nancy & David Church**

**Mr. & Mrs. Andy Falatok**

**Ms. Heidi From**

**Mr. Irwin H. From**

**Marsha & Jimmy Gibbs**

**Mr. & Mrs. Robert E. Gregory Jr.**

**Dr. R. Stephen Harley**

**Laura & Jamie Hodge**

**Donald Holly**

**Dr. & Mrs. William F. James Jr.**

**Mr. & Mrs. Jon A. Jensen**

**Mrs. Julian C. Josey Jr.**

**Julia D. Lyons**

**Michelle S. McCallum**

**Bunny B. McKown**

**Jo Ann & Marion McMillan**

**Lori T. McMillan**

**Jo & Norman Pulliam**

**Renee Romberger**

**Cindy L. Selig**

**Mr. & Mrs. Terrell Sovey Jr.**

**Mr. & Mrs. James Fletcher Thompson**

**Mr. & Mrs. Robert L. Troup**

**Hal Warlick**

**Linda Sangster West**

**Cile & Nick Wildrick**

# MEET OUR TEAM

## FOUNDATION STAFF

**Kristy Caradori**  
Executive Director

**Stacey Burton**  
Director of Philanthropy

**Amanda Herin**  
Senior Director of Operations

**Baker Maultsby**  
Project Coordinator

**Shelly Sinclair**  
Senior Director of Philanthropy

**Patricia Stinson**  
Project Coordinator

**Kristi Ward**  
Financial Analyst

**Alexis Whitmire**  
Grants Manager

## GRANT-FUNDED PROJECT STAFF

**Polly Edwards-Padgett**  
Connect Grant Director

**Jasmine Guest**  
Connect Grant Assistant Director

**Keith Hill**  
Connect Grant Project Coordinator



**Thank you for your support of the Spartanburg Regional Foundation.**



1692 Skylyn Drive, Spartanburg, SC 29307  
RegionalFoundation.com

**2021**  
ANNUAL  
REPORT

# HOPE MADE POSSIBLE BY YOU

