

Pillar *for* Hospice

News from Spartanburg Regional Hospice



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What Makes Spartanburg Regional Hospice Different? I Want To Tell You...



"They are there to be part of something bigger than themselves while providing the most personal care, at the most difficult of times, as a part of a supportive team and family."

Many people have asked me, "What makes Spartanburg Regional Hospice different?" The question has been posed by patients, family members of patients, and community leaders.

My answer is always the same, and it is always immediate: *Spartanburg Regional Hospice is different because of the people who make up the team.*

All the members are there because they feel it is a calling. They are there to be part of something bigger than themselves. They provide the most personal care, at the most difficult of times, as a part of a supportive team and family.

Hospice is not about giving up at the end of life – rather it is about wrapping the patient and their loved ones in all the resources that we have available to make the most difficult part of life somewhat more manageable.

I have said countless times that many providers have the ability to keep a patient comfortable at the end of life.

But that is really not what hospice is all about.

Hospice is about support for the families that care tirelessly for their loved ones and need a break.

Hospice is about the spiritual support for the patient and their family and friends.

Hospice is about celebrating life and maintaining the best quality of life possible at the most difficult of times.

Hospice is about bereavement support that goes on long after the patient has passed away.

Hospice is about annual celebrations of life and helping the families of patients know that they and their loved ones are not forgotten.

With the support of the Spartanburg Regional Foundation and the Hospice Special Needs Fund, Spartanburg Regional Hospice provides many services for patients and their families that set it apart from other hospice providers.

These include direct financial assistance, ongoing bereavement services, massage therapy, handheld crosses, memory bears and many other supportive therapies and services that should be the norm everywhere – and they are, at Spartanburg Regional Hospice.

I am proud to be part of such an amazing team at Spartanburg Regional Healthcare System and Spartanburg Regional Hospice.



James Harber, MD
Spartanburg Regional Hospice and Palliative Care



The simple truth is, food equals love.

We want our loved ones to eat, particularly when they are sick. Because we all know that if we don't have nutrition, we can't survive.

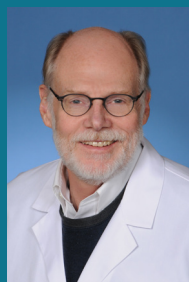
Perhaps this is why issues around feeding and nutrition can create some of the most difficult dilemmas for patients and the families of patients who are approaching the end of their lives and are in hospice care.

Regardless of the disease that is leading to the end, there is almost always a period of time in which appetite and oral intake declines gradually.

This may be accompanied by two other changes: difficulty with safe swallowing and, in many diseases, a loss of the body's ability to utilize nutrition to maintain the tissues and organs. This is called cachexia.

Why does this decline occur?

As far as swallowing, the mechanism allowing this function is extremely complex, even though we swallow mostly without thinking about it. In the face of many diseases, or general weakness related to any end-of-life situation, we lose the ability to safely move food and fluids from our mouths, past the windpipe, through the esophagus and into the stomach. Cachexia is still poorly understood, and probably represents



Eating and Nutrition at Life's End

By Garrett Snipes, MD

a complicated mix of chronic inflammation and metabolic factors.

What is to be done about poor eating, weight loss and impaired nutrition at the end of life? The sad truth is, this is often simply part of the terminal disease process, and there is usually nothing that will fix it.

There may be some medical and other interventions to try. But often it comes down to acceptance of this reality, among many other unpleasant ones.

Focusing less on the amount of food itself, and more on food and fluids as a component of comfort is the best approach. This is called "palliative eating," and hospice team members are

experts at offering guidance on how to do this most effectively.

The saying goes, "Families have a need to feed, but patients don't have a need to eat." It's possible that the decline of a loved one's appetite corresponds with a decline in health.

My best advice is to love them, offer small amounts of foods and fluids that they love in the safest way possible, and allow the patient to determine what they want and need at this moment.

Garrett Snipes, MD, is a hospice and palliative care physician with Spartanburg Regional Healthcare System.

Advance Care Planning

What Spartanburg Regional is Doing to Help

What if you had a sudden illness or injury and could not speak for yourself?

Who would you want to speak for you?

What would you want them to know about your healthcare goals, values and preferences?

A process called advance care planning provides an opportunity to communicate your values and preferences today, so that the healthcare treatment you might receive is consistent with your wishes.

The Duke Endowment awarded a two-year grant of \$412,500 to Spartanburg Regional Foundation to support a community-wide effort led by the Spartanburg Regional Hospice and Palliative Care team to promote advance care planning conversations and documentation. The Duke Endowment is a philanthropic foundation aimed at strengthening communities in North and South Carolina.

Advance care planning supports adults at any age or stage of health as they:

- Understand and share personal values and life goals.
- Consider preferences regarding future medical care.
- Select a person to make decisions for them if they cannot make them on their own.
- Create a written health plan for the future.

Many of us do not like to think that we will ever need such a plan. But too often, the lack of advance care planning can result in questions, confusion or disagreements among family members trying to envision what their loved one would want in a health crisis.



“We want patients to share the kind of care that’s right for them – no matter what happens tomorrow,” said Kensey Boyd, director of quality for Spartanburg Regional Hospice and Palliative Care.

A plan relieves family members from wondering if they did the right thing on your behalf. This also provides your healthcare team with information on whether you would want life-sustaining measures if it appeared that you may not recover.

Advance care planning starts with conversations – between individuals and loved ones, between patients and doctors. It can lead to the signing of an advance directive, or living will, and documents identifying a medical surrogate to represent the patient.

These conversations can be illuminating for families, Boyd said.

“We can always learn something new about a loved one, no matter how hard the conversation can be,” she said.

Spartanburg Regional Promotes Advance Care Planning

"The worst time to have these kinds of conversations is in the midst of a health crisis, and we see that all the time," said Garrett Snipes, MD, medical director for Spartanburg Regional Hospice and Palliative Care.

Snipes is excited to serve as one of the tri-chairs – along with Kim Ross, director of Spartanburg Regional Hospice and Palliative Care, and Boyd – leading an effort called "Directing Your Life: Making Advanced Care Plans, Together." The Duke Endowment Grant made this effort possible.

Even healthy individuals should begin the advance care planning process.

"You never know when you may lose the capacity to make decisions about your health," Snipes said.

Funding from The Duke Endowment will support a public awareness campaign, including the development of informational literature and presentations. It has also funded the hiring of Donald Miller, who has experience implementing healthcare system-wide changes during his 20 years as a hospital chaplain, to manage the project and coordinate awareness efforts.

"We hope to educate the community through churches, retirement communities, civic organizations, and physicians' offices," Miller said. "Ultimately, the goal is that advance care planning becomes a conversation no one runs from anymore."

The "Directing Your Life" campaign will begin with Spartanburg Regional associates and providers, then extend into the community. There are approximately 9,000 SRHS employees, and as they become comfortable talking about advance care planning and begin to promote it among their families and friends, that will be a significant step.

Along the way, the project aims to provide clinicians with a standardized methodology for regularly conducting these conversations with patients and families as a part of the excellent whole-person care already being provided in the healthcare system.

"For many doctors, these are difficult conversations to start with their patients," Snipes said. "So, we are developing a training plan to give providers the tools to be successful while empowering their patients to engage in these conversations."

The Directing Your Life campaign is benefiting from the support of Spartanburg Regional, according to Ross.

"This project has been well received within the Spartanburg Regional family," Snipes said. "Everyone we have shared this opportunity with thus far – from executive leadership to physicians and front-line associates – have, without hesitation, provided an outpouring of support and enthusiasm."

Advance care plans can be revisited over time as patients' circumstances or life goals change, Miller said. With that in mind, he hopes planning conversations will become a normal part of annual checkups, similar to reviewing current medications and getting updates on patients' allergies.

"We hope we'll reach a tipping point in our community where advance care planning is simply a routine part of living a good life," he said.

If you want to have the power to make your own life choices, live a good quality of life your whole life, and want care that treats you as a whole person, not just a disease, start talking.

For more information on how to start the conversation, call 864-560-3888.

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- Consider preferences regarding future medical care.
- Select a person to make decisions for them if they cannot make them on their own.
- Create a written health plan for the future.

Photo at right: Kim Ross, Garrett Snipes, MD, and Kensey Boyd.





GETTING TO SEE MY GRANDKIDS

SPECIAL NEEDS FUND MAKES PATIENT'S TRIP TO SEE FAMILY POSSIBLE

In early September, Larry Suttles was finalizing details of a trip to Utah to visit his only son, Josh. They hadn't seen each other in four years. And in that time, Josh's wife Ashlee had given birth to two children Larry hadn't yet gotten to meet.

"I'm not an especially emotional fellow, but I feel sure that I'll give him a big hug and cry," Larry said.

Larry is a Spartanburg Regional Hospice patient. The Spartanburg Regional Foundation's Hospice Special Needs Fund helped make the trip possible for Larry and his wife Janet.

The fund provides direct assistance for patients in need, as well as resources for families to enjoy special occasions together. Rena Carter, a social worker with Spartanburg Regional Hospice, works with patients to make these memories happen.

"We listen to the patients, and if they mention something that's on their wish list, then we see what we can do to help," Carter said.

These special moments may include a nice dinner out, a birthday party, a graduation celebration or a family portrait.

"It makes you feel good to know that you can give these patients something to look forward to," Carter said.

When she began discussing the possibility of a trip to visit his son, Carter said Larry's face "just lit up."

In the case of an important trip that a family hopes to take, hospice staff members conduct a financial needs assessment to determine an appropriate level of assistance, Carter said. While the entire cost of Larry and Janet's trip was not covered, Larry said the support "made the difference in our being able to go and not going."

Because of Larry's condition, Spartanburg Regional Hospice contracted with a hospice organization near Josh's home to make sure that Larry would have support, if needed, during the two-week trip.

Josh works long hours in his construction job on a remote ranch, and it would have been difficult for his family to make the trip to Spartanburg. So, giving Larry and Janet the opportunity to travel "is the best way for them to be able to see their son and grandchildren," Carter said.

Josh was excited for his sons, Wyatt and Gage, to meet their grandfather. Josh said he spent a lot of time with his father growing up. They loved hunting and fishing together. Before Larry became sick, they talked about trying to take a hunting trip out West.

"We just never got it done," Josh said. "And there won't be any hunting during his visit – but at least we'll be able to show him some country."

Larry was quick to express his gratitude to the hospice team and to those who donate to the Hospice Special Needs Fund.

"If it wasn't for people donating, then I wouldn't be going and getting to see my grandkids," Larry said. "It's really that simple."

To donate to Spartanburg Regional Foundation's Hospice Special Needs Fund, contact Gina De La Cruz Turcotte at 864-560-6725 or gturcotte@srhs.com.

A BEAUTIFUL ARRANGEMENT:

Businesswoman Serves Hospice Program as Board Member, Donor



Vicky Noe was grateful for the care her mother received as a Spartanburg Regional Hospice patient in 2013. It had been a stressful, emotional time for her family. The hospice team “made things understandable, and I was overwhelmed by their generosity and kindness,” she said.

Noe wanted to give back. Since 2018, she has been a member of the Spartanburg Regional Foundation Hospice Division board. This group of community leaders raises awareness about the hospice program and supports fundraising efforts for the Foundation’s Hospice Special Needs Fund.

Each spring, the Hope Blooms for Hospice luncheon presents stories and perspectives to highlight the work of Spartanburg Regional Hospice caregivers. Proceeds from the event support the Special Needs Fund. Noe has been a key supporter. In 2019, she and fellow board member Libby Lowndes served as co-chairs for the event, and her company, Roebuck Greenhouses, has been a sponsor. The business also donated flower arrangements for more than 60 tables and for the stage.

Roebuck Greenhouses was started by Noe’s grandparents, and she now runs it with her siblings, Ricky McAbee and Debbie Clark.



“We’ve been so fortunate to have a successful business doing what we love here in Spartanburg, and it’s our pleasure to be able to help a wonderful organization like Spartanburg Regional Hospice,” Noe said.

“We are so grateful for the support of Vicky and Roebuck Greenhouses,” said Gina De La Cruz Turcotte, director of philanthropy and hospice liaison with Spartanburg Regional Foundation. “The flower arrangements they’ve provided for Hope Blooms and other events have really helped us to make those occasions beautiful and memorable.”

Turcotte added, “Vicky has not only been a generous donor – she’s also a terrific board member. She brings a great deal of enthusiasm and insight.”

Noe runs the retail side of Roebuck Greenhouses. She noted that her brother focuses on landscaping and has contributed work at the Spartanburg Regional Hospice Home garden.

Noe is pleased that she and her siblings are able to support the beautification of the hospice home, where their mother spent her final days. She believes the hospice home is a special place.

“All of our needs were met the entire time, and everyone was so wonderful,” she said.

To make a donation in support of Spartanburg Regional Hospice or to learn about serving as a Spartanburg Regional Foundation Hospice Division board member, contact Gina De La Cruz Turcotte at 864-560-6725 or gturcotte@srhs.com

THE POWER TO SERVE OTHERS

Students from Cannons Elementary and McCracken Middle Schools Pitch in to Support Hospice Program

After her stepmother was cared for at the Spartanburg Regional Hospice Home in 2018, Meghanne McDaniels wanted to do something to show her gratitude and give back.

She knew the school where she teaches – Cannons Elementary – was planning to get students involved in community service last school year. Recalling that church groups brought lunches and snacks to the hospice home so that family members could take time to eat without having to leave their loved one, she thought students might enjoy taking part in a snack drive.

Students brought in more than 3,300 individual snack items.

“We were blown away by the response,” she said. “I expected we’d have enough snacks to take a nice basket to the hospice home. But we ended up with boxes and boxes.”

There were so many snacks that hospice staff members used some to make goody bags for in-home patients.

Hospice chaplain Katie Harbin got to know McDaniels when her stepmother was in the hospice home.

“It was a tremendous outpouring of support from the school, and our patients and families really appreciate the gesture of kindness,” Harbin said.

The snack drive’s success spurred other efforts among Cannons Elementary students and teachers. February became a month of service, as students made care packages or raised funds to support children battling cancer, nursing home residents and homeless adults.

“It’s important for children to see that they have the power to serve others and to learn about things they can do to make a difference,” said school principal Elizabeth Phillips.

Phillips said this coming February will be another month emphasizing service among teachers and students, and she hopes to see their efforts benefit Spartanburg Regional Hospice again.

At nearby McCracken Middle School, culinary arts teacher Karon Thomas and her students organized a bake sale to support Spartanburg Regional Foundation’s Hospice Special Needs Fund. The students also learned about the hospice program and visited Spartanburg Regional Hospice Home.

It was all part of the school’s Year-End Studies (YES) program. During the last week of school each May, students take part in hands-on learning projects that give them real-world perspectives on the wider community and in many cases involve community service.



“Some of our students are familiar with hospice, because they have had a grandma or grandpa who has received care,” Thomas said. “But I wanted them to really see just how caring and compassionate the hospice program is.”

Thomas’s students made cookies and cupcakes to sell during the week of the YES program. They raised about \$300 for the special needs fund. The fund supports special occasions for families, direct financial assistance for qualifying patients, bereavement services, and more.

“The fund helps our hospice team go the extra mile for patients and families,” said Gina De La Cruz Turcotte, director of philanthropy and hospice liaison with Regional Foundation. “We’re so grateful to Ms. Thomas and her hard-working students for their contributions.”

Thomas said she looks forward to another bake sale in 2020.

“Spartanburg Regional Hospice is very important to our community, and I plan to keep getting students involved in learning about it and providing support,” she said.

*To learn about opportunities to support Spartanburg Regional Hospice,
contact Gina De La Cruz Turcotte at 864-560-6725.*



COMFORT A
HOSPICE

Family THIS Thanksgiving

A donation of \$55 will help feed a family of 10-12.



Spartanburg Regional
Foundation

RegionalFoundation.com

LIGHT UP A LIFE

December 3 • 3:30 p.m. and 6 p.m.

Beaumont Mill

700 North Pine Street, Spartanburg, SC 29303

For each donation in honor or in memory of a loved one, a light will be placed on our hospice tree. Donors who attend the 3:30 p.m. or 6 p.m. event will receive an ornament while supplies last.

A reception will follow each event.

Proceeds benefit the Hospice Special Needs Fund of the Spartanburg Regional Foundation.



Spartanburg Regional
Foundation



L I G H T U P A L I F E

hope blooms for HOSPICE

save
THE DATE

MAY 7

Details to come from Spartanburg Regional Foundation.



CLASSICAL GUITAR

BRINGS PEACEFUL SOUNDS TO HOSPICE HOME

"As a musician, when somebody appreciates what you do, you just love it," said John Akers.

And when he plays his classical guitar each week at the Spartanburg Regional Hospice Home, he always comes away with a good feeling.

"The doctors, nurses and families thank me – it's such a nice experience," Akers said.

A retired Wofford College professor, Akers has been playing guitar since he was a student at Middlebury College in Vermont. Over the years, he's become accomplished at the fingerpicking style of classical guitar, performing pieces by a wide range of composers.

Spartanburg is a community with a rich musical tradition, and it's not uncommon for Akers to encounter visitors to the hospice home who also play guitar – usually blues, gospel or rock.

"I often have people make comments about the guitar," he said. "And even if they play a different style, they still appreciate it."

Akers enjoys classical guitar for its "intimate, quiet and meditative" qualities. He mostly plays in the lobby of the hospice home, where the acoustics of the room give the guitar a warm, rich sound. Akers has had some "very touching moments" interacting with families.

Akers is one of numerous musicians and visual artists who share their creativity with patients and families at the hospice home.

"We really appreciate the support of these talented community members," said volunteer manager Kelly Hall.

She praised Akers' work.

"I think people love it," Hall said. "You can hear his playing down the hallways, and it's very peaceful."



In addition to the warm response his music receives, Akers said his experiences at the hospice home make him "feel more tied to the Spartanburg community." He appreciates that the facility was funded by local donations and that it serves community members from all walks of life.

"I think this is a very special place – you just feel like the heart of Spartanburg is here," he said.

If you are interested in becoming a Spartanburg Regional Hospice volunteer, contact Kelly Hall at 864-560-5636.

Spartanburg Regional Hospice Recognized for Excellence

For the third year in a row, Spartanburg Regional Hospice has received the SHPBEST Superior Performer award.

SHP is Strategic Healthcare Programs, a vendor that hospice agencies use to conduct surveys and collect information required by Centers for Medicare and Medicaid Services. As part of these surveys, family members provide feedback on the care and support their loved ones received as patients in a hospice program. The surveys are conducted in the months after a patient's death.

Kim Ross, director of Spartanburg Regional Hospice and Palliative Care, said the SHP recognition is a testament to the hard work and commitment to excellence she sees among hospice team members.

The SHPBEST Superior Performer award indicates that Spartanburg Regional Hospice scored in the top 20 percent of hospice agencies that use SHP as a vendor. There are 36 such agencies in South Carolina and almost 1,350 nationally, according to Kensey Boyd, director of quality for Spartanburg Regional Hospice and Palliative Care.

The surveys offer family members an opportunity to write comments about their experiences and perspectives.

"The majority of the surveys about Spartanburg Regional Hospice come back with comments that are superlative about



the care our team has provided for their families and loved ones," Boyd said.

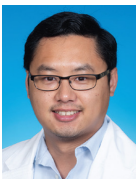
The data collected by SHP is consistent with Hospice Compare, an online hospice quality reporting program mandated by the Affordable Care Act of 2010. The website (www.medicare.gov/hospicecompare) helps consumers compare hospice providers' performance across the country. Spartanburg Regional Hospice consistently scores above the national averages in nearly all quality assessment categories.

Kim Ross, director of Spartanburg Regional Hospice and Palliative Care, said these recognitions are a testament to the hard work and commitment to excellence she sees among hospice team members.

"Our team provides high quality care to patients and families every single day and find a way to make every moment matter," she said. "This is truly a well-deserved recognition."

If you or someone you know may benefit from a Spartanburg Regional Hospice referral, please call 864-560-CARE.

Dr. Thao Joins Hospice and Palliative Care Fellowship Program



Spartanburg Regional Healthcare System recently welcomed Tsimming Thao, DO, to the Hospice and Palliative Care Fellowship.

Dr. Thao came to Spartanburg Regional from Morganton, N.C., where he was a resident in internal medicine. He grew up in Hickory, N.C.,

and is a graduate of the Virginia College of Osteopathic Medicine – Carolinas Campus in Spartanburg.

Dr. Thao was drawn to hospice and palliative care because of a desire to build relationships with the patients he serves.

"Throughout my medical training, I've always enjoyed getting to know people on a deeper level," he said. "Understanding disease is one thing, but connecting with patients with a serious or terminal illness allows me to really get to know a person. I think hospice and palliative care allows patients to be in control of their medical care."

Away from work, Dr. Thao enjoys traveling, watching movies, experiencing exotic foods, cheering for the Carolina Panthers and fishing. He and his wife recently celebrated the birth of their first child, a son.



A SPECIAL HONOR ON VETERANS DAY



WE HONOR VETERANS

Spartanburg Regional Hospice volunteer manager Kelly Hall believes it is our duty to honor those who have served in the military. With that in mind, she coordinates activities and programs that pay tribute to veterans and their families and recruits volunteers with military experience to spend time with patients who have served.

For the second year, Spartanburg Regional Hospice is honoring veterans on Veterans Day by presenting them with an American flag that has flown above the hospice home. The veterans are also given a certificate that recognizes and honors their service.

Jim Williamson and Ken Drake, members of the Combat Wounded Purple Heart Veterans Association of South Carolina, raised the flags at the Spartanburg Regional Hospice Home. Williamson, an active volunteer with the hospice program, took the flags and certificates to the homes of patients.

"They and their families greatly appreciated the visit, as well as the flags," Williamson said, who was planning to help again this year.

Spartanburg Regional Hospice is a two-star partner in the We Honor Veterans program, a collaborative effort between the National Hospice and Palliative Care Organization and the Department of Veterans Affairs aimed at providing outreach that benefits veterans at the end of life.

"It's an honor to serve those who have served our country so heroically," Hall said.

Support for the Veterans Day outreach, as well as ceremonies honoring veterans, comes from the Spartanburg Regional Foundation Hospice Special Needs Fund. The fund provides a wide range of support for hospice patients and their families as well as resources for bereavement programs.

Williamson, who was wounded in Vietnam, enjoys spending time with other veterans. Each one has a unique story. And those in hospice care often appreciate talking with someone who understands what they have been through, Williamson said.

"I just have a need to help the veterans in any way I possibly can," he said.

"It's an honor to serve those who have served our country so heroically," Hall said.



To become a volunteer with Spartanburg Regional Hospice, contact Kelly Hall at 864-560-5636.

A Special Way to Honor a Loved One

This holiday season – or at any time during the year – honor or memorialize someone special with an inscribed brick or paver in the Spartanburg Regional Hospice Home garden.

Your contribution will support Spartanburg Regional Foundation's Hospice Special Needs Fund. This fund provides an extra layer of support for hospice patients and their families, including financial assistance for qualifying patients, special occasions to bring families together and build memories, and bereavement services. It also supports beautifying enhancements to the hospice home garden, providing patients and their families with an accessible, relaxing place to enjoy the natural environment. Each brick or paver will be placed under the pavilion or in the picnic area.

Your paver can be engraved with varying numbers of characters depending on size (punctuation and spaces count as characters). Special letters and symbols not found on a standard English keyboard may not be used. "In Memory Of" or "In Honor Of" should be included if you choose to use one of them. Your text will be centered and engraved with all uppercase letters with the exception of certain last names, such as McFADDEN and McMURRY. Spartanburg Regional Foundation reserves the right to review and approve all inscriptions.

4x8	8x8	12x12
BRICK	BRICK	BRICK
3 Lines Up to 16 characters per line.	5 Lines Up to 16 characters per line.	7 Lines Up to 20 characters per line.
\$50	\$200	\$500

For more information, contact Gina De La Cruz Turcotte at 864-560-6725 or gturcotte@srhs.com.



"To all of the wonderful angels at Spartanburg Regional Hospice, we would like to send our gratitude to everyone who made a difficult time for our family during the passing of our mom a little more bearable. The compassion and professionalism shown to our mom by all was a huge blessing. We cannot thank you all enough for all you did. You went over and beyond in your duties."

"I can't begin to thank you all enough for the outpouring of compassion and support shown to my family during our loss. I could not have survived this ordeal without caring people like you."

"Thanks for providing such compassionate care for our mom during her battle with cancer."

Quotes

*From Families Whose
Loved One Was
Served by Spartanburg
Regional Hospice*

"Our family wishes to thank you all for your kindness and support. We are humbled by the care and compassion shown to us by all of your hospice staff. Our loved one's passing was one of love and peace. We thank you for making this last memory of him one of dignity and grace."

"Thank you for your exceptional and loving care you gave to our husband and father. You could not have been more caring and professional to him and so hospitable and kind to me. Spartanburg Regional Hospice Home is truly God's gift to Spartanburg. The large and accommodating room, beautiful grounds, even the therapy dogs were really helpful during such a stressful time."

"I just wanted to thank you all for being so caring and compassionate and taking such good care of my grandfather. Thank you for taking the time to explain things to us and for all that you did to make his last days as peaceful as possible."

DATES TO REMEMBER - 2019/2020

Monthly Grief Support Group

Dec. 17, 2019, 3:30 p.m.
Dec. 19, 2019, 6 p.m.
Jan. 16 2020, 6 p.m.
Feb. 20 2020, 6 p.m.
Spartanburg Regional Hospice Home

Circle of Friends Lunch

Nov. 15, 2019
Dec. 20, 2019
Jan. 17, 2020
Feb. 21, 2020
11:30 a.m. Location varies. Call for details.

Coping With the Holidays

This program offers tips on dealing with grief during the holidays.
Nov. 19, 2019, 3:30 p.m.
Nov. 21, 2019, 6 p.m.
Spartanburg Regional Hospice Home

Thanksgiving Meal Delivery

Saturday, Nov. 23, 2019

Light Up A Life

Dec. 3, 2019, 3:30 p.m. and 6 p.m.
Beaumont Mills Administrative Offices

Holiday Ornament Workshop

Bereaved families are invited to a drop-in to create a holiday ornament as we honor and remember those we've lost this year.

Dec. 9, 2019, 3:30 – 6:30 p.m.
Spartanburg Regional Hospice Home

Service of Remembrance

Jan. 28, 2020, 6 p.m.
Spartanburg Regional Hospice Home

Easter Meal Delivery

Saturday, April 11, 2020

National Healthcare Decisions Day

April 16, 2020

Hope Blooms

May 7, 2020
Spartanburg Marriott

Call Amy Knight at 864-560-3856 for information about these programs.

A LOOK AT REGIONAL HOSPICE BY THE NUMBERS

LAST YEAR...



CAREGIVERS SERVED
1,165 PATIENTS

IN OUR SERVICE AREA OF
SPARTANBURG, GREENVILLE,
UNION AND CHEROKEE
COUNTIES



220 MEALS

WERE DELIVERED
AT THANKSGIVING
AND EASTER



12,316 MAILINGS

ABOUT BEREAVEMENT
SUPPORT WERE SENT
TO FAMILIES



82 VOLUNTEERS

SUPPORTED THE HOSPICE
PROGRAM, SERVING
3,892 HOURS



17 AMERICAN FLAGS

WERE DELIVERED TO VETERANS
IN HOSPICE CARE

THE COMBINED EXPERIENCE
OF SPARTANBURG REGIONAL
HOSPICE STAFF REPRESENTED
1,182 YEARS

8 VOLUNTEERS WERE VETERANS



8 THERAPY DOGS

SERVED AS
VOLUNTEERS



\$105,841

WAS DONATED BY SPARTANBURG
REGIONAL HEALTHCARE SYSTEM
ASSOCIATES TO SUPPORT
THE HOSPICE SPECIAL
NEEDS FUND.



**175 DOVE
BALLOONS**

WERE RELEASED AT
LIGHT UP A LIFE

29 SPARTANBURG REGIONAL HOSPICE
FLEET VEHICLES WERE DRIVEN
393,223 MILES





Spartanburg Regional
Foundation

PO Box 2624
Spartanburg, SC 29304

Non-Profit Org.

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